



## **Information Packet**

**September 29-30, 2023**

**Smithfield Recreation & Aquatics Center  
and  
Smithfield High School**

*600 & 700 M Durwood Stephenson Prwy  
Smithfield, North Carolina 27577 USA*

[www.kukkiwoncup.com](http://www.kukkiwoncup.com)

919-217-1555

bestkick@aol.com

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# General information

Hosted by ICG, Black Belt World, Global Traditional Taekwondo Federation  
In conjunction with Kukkiwon, World Taekwondo Headquarters  
Information [www.Kukkiwoncup.com](http://www.Kukkiwoncup.com)

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Competition Day Saturday September 30, 2023

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Event Questions and Info Contact Grandmaster Jun Lee  
(919)217-1555 bestkick@aol.com

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Registration Online registration only: [TKDConnect.com](http://TKDConnect.com)

Registration Help Please email [Support@TKDConnect.com](mailto:Support@TKDConnect.com) with any questions about the registration process.

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## Awards

Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, and 3<sup>rd</sup> place.

## Team Competition Events

Team events (Team Demo and Team Sparring) will be registered and paid by the school on TKDConnect.com.

## Registration

Information can be found on [www.Kukkiwoncup.com](http://www.Kukkiwoncup.com)

Registration will only be available online through [www.TKDConnect.com](http://www.TKDConnect.com).

## Para Athletes

Global Open Kukkiwon Cup welcomes Para athletes in all areas of competition and will provide a separate division.

## Registration has been closed.

### Last Day to Register, September 15, 2023

Due date	Individual/Additional	Team	Coach
Sep 15	\$125/\$30	\$375	\$45

### Spectators

Competitors do not need to purchase a Spectator ticket. Competitors can wear their Badge to get into the venue.

Spectator Tickets can be purchased on TKDConnect.com or at the door. [Tickets and Pricing](#)

\$10 (Pay online or at the door)/Kids 3 & under Free

## Schedule

### Friday, September 29, 2023

At Local Vineyards and Winery -Invitation only-

Time	Events	Other
10am-12pm	Masters' Summit	RSVPed
12pm-1pm	Lunch	
1pm-3pm	Referee Training	All referees
3pm-4pm	Traditional Taekwondo Seminar -Pressure points and effective strike	Grandmaster Dr. Varo Barragan
4pm-5pm	School Management Seminar -Effectively growing Taekwondo culture through profitable business practices.	Master Tu Le
5pm-6pm	-Wine tasting, appetizers	Live music
6pm-9pm	Banquet & Dinner -Awards -Live Music -Live Entertainment -Dinner -Fireworks to celebrate the Global Open Kukkiwon Cup	All invited

# Saturday, September 30, 2023

Smithfield Recreation & Aquatics Center (SRAC)

Smithfield-Selma Senior High (SSS)

600 & 700 M Durwood Stephenson Pkwy Smithfield, NC 27577 USA

<b>07:00 am -</b>	<b>Check-in:</b> Badges are organized by Dojang (Athletes, Coaches, VIP's, School owners) <b>Location: Outside SSS under the tent</b>	
	<b>Gym 1: SSS (8 rings)</b>	<b>Gym 2: SRAC (6 rings)</b>
<b>8:00 am -</b>	Breaking-Multi station Ages 3-6, 7-9, 10-12	Breaking-Multi station Ages 13 & up <b>Breaking power</b> Turning back, Skipping side kick
<b>8:30 am - 9:30 am</b>	Creative Forms-All Weapons-All Para-All	Breaking- High Jump Flying side, Spinning whip, Knife- hand power
<b>9:50 am - 10:50 am</b>	<b>OPENING CEREMONY</b> <b>Team Korea-Demonstration</b>	N/A
<b>11:00 am - 12:30 pm</b>	Festive Traditional Forms Ages 3-6, 7-9	Demo Team
<b>12:30 pm - 1:00 pm</b>	Festive Traditional Forms Ages 10-12 (All Belts Boys)	Festive Traditional Forms Ages 10-12 (All Belts Girls)
<b>1:00 pm - 1:30 pm</b>	Festive Traditional Forms Ages 13-17, Black Belts	Festive Traditional Forms Ages 13-17, Non-Black Belts Ages 18-30, All Belts
<b>1:30 pm - 2:00 pm</b>	Traditional Forms -Festive, ages 55+(Platinum) -World class	Festive Traditional Forms Ages 31-45 Ages 46-54
<b>2:00 pm - 2:30 pm</b>	Festive Sparring Ages 5 & under, 6-7 All Ages 8-9, Black Belts	Festive Sparring Ages 12-14, Non-Black Belt
<b>3:00 pm - 4:00 pm</b>	Festive Sparring Ages 8-9, Non-Black Belt Ages 15-17, Non-Black Belts	Festive Sparring Ages 12-14, Black Belts Ages 15-17, Black Belts
<b>4:00 pm - 5:00 pm</b>	Festive Sparring Ages 10-11, All Belts Non-Black belts Black belts	Festive Sparring Ages 18-32, All Belts Ages 33-45, All Belts Ages 46+, All Belts
<b>5:00 pm - 6:00 pm</b>		World class Sparring

All times are approximate and please be in the holding area at least 30 minutes before the scheduled time.

# Forms – Poomsae

Global Open Kukkiwon Cup welcomes Para athletes in all areas of competition and will provide a separate division.

## Key points

### Traditional (Recognized Kukkiwon Forms)

- Individual
- Team

### Creative (Free style)

- Individual with or Without Weapon
- Team with or without weapon

### Weapons

- Sword (Kum)
- Long staff (Jang bong)
- Nunchaku (E-Dan bong)

Woods, Bamboo, Plastic, and light metal materials are allowed.

### Scoring

World Class Poomsae and Festive Poomsae will both use WT's World Beach Taekwondo Championships style of judging.

Individual competitors will perform their Poomsae simultaneously and the judges will select the winner (left or right competitor) using a red or blue flag, after they finish performing their Poomsae. Groups will perform separately but the judging method will be same as individual.

However, the scoring method of all Poomsae competitions is the equivalent of WT Taekwondo. Just the way Judges use red and blue flags to determine the winner.

### Bracketing

Festive Poomsae

Brackets will be limited to a maximum of 4 competitors

World Class Poomsae

Brackets will be limited to a maximum of 16 competitors

## Traditional Poomsae-Form (\*Designated)

All ages, All belts

\*Must perform the designated Poomsaes only

Rank (Poomsae)	Age (Division)							
	3-6 (Peewee)	7-9 (Child)	10-12 (Preteen)	13-17 (Teen)	18-30 (Adult)	31-45 (Senior)	46-54 (Executive)	55+ (Platinum)
<b>None - 9<sup>th</sup> Geup</b> (Basic form/Dojang)	V	V	V	V	V	V	V	V
<b>7<sup>th</sup> - 8<sup>th</sup> Geup</b> (Taegeuk 1 or 2)	V	V	V	V	V	V	V	V
<b>5<sup>th</sup> - 6<sup>th</sup> Geup</b> (Taegeuk 3 or 4)	V	V	V	V	V	V	V	V
<b>3<sup>rd</sup> - 4<sup>th</sup> Geup</b> (Taegeuk 5 or 6)	V	V	V	V	V	V	V	V
<b>1<sup>st</sup> - 2<sup>nd</sup> Geup/ Deputy (Bo-dan)</b> (Taegeuk 7 or 8)	V	V	V	V	V	V	V	V
<b>1<sup>st</sup> Poom/Dan</b> (Koryu)	V	V	V	V	V	V	V	V
<b>2<sup>nd</sup> Poom/Dan</b> (Keumgang)		V	V	V	V	V	V	V
<b>3<sup>rd</sup> Poom/Dan</b> (Taebaek)		V	V	V	V	V	V	V
<b>4<sup>th</sup> Poom/Dan</b> (Pyongwon)				V	V	V	V	V
<b>5<sup>th</sup> Dan</b> (Sipjin)					V	V	V	V
<b>6<sup>th</sup> Dan</b> (Jitae)					V	V	V	V
<b>7<sup>th</sup> Dan</b> (Chunkwon)						V	V	V
<b>8<sup>th</sup> Dan</b> (Hansoo)						V	V	V
<b>9<sup>th</sup> Dan</b> (Ilyeo)							V	V

**Global Open Kukkiwon Cup welcomes Para athletes in all areas of competition and will provide a separate division.**

## Individual Traditional Forms (Poomsae)

1. The judges will select the winner using a red or blue flag.
2. Judging criteria
  - a. Correct Execution of Each Technique
    - i. Posture - correct stances (For example, is it a correct forward stance - is it too long or too wide)?
    - ii. Accuracy of Each Hand Technique – In addition to the technique, setting hands properly for blocks and strikes, as well as following the correct path and finishing in the correct place.
    - iii. Accuracy of Each Kicking Technique - correct form, height and power of kick
    - iv. Speed and Power of Each Individual Technique
  - b. Taekwondo Spirit
    - i. Kihap – confidence
    - ii. Attitude and Etiquette – proper respect as soon as the participant’s name is officially called to perform
  - c. Accurate Sequence of Movements
    - i. Correct poomsae based on Participant’s registered rank. If a participant performs the wrong poomsae according to the registered rank (Example: 1<sup>st</sup> Guep performs 1<sup>st</sup> Dan Poomsae Koryo), participant will automatically receive a score of 5 for Accurate Sequence of Movements but will NOT be disqualified.
    - ii. Correct order of techniques for each poomsae, including correct stances, blocks and strikes (For example, NOT scoring only if the forward stance was correct, but determining if it was a forward stance when it was supposed to be a back stance.)
  - d. Presentation
    - i. Speed/Tempo/Flow
    - ii. Eye Control - correct direction to “look”, correct eye position as well as where eyes are focused
3. Disqualification
  - a. Participant exceeds the 90-second time limit
  - b. Unsportsmanlike conduct
4. Tiebreaker

In the event of a tie for 1st place only (If there is a tie for 2nd or 3rd place there will be multiple 2<sup>nd</sup> and 3rd places awarded) – participants will perform poomsae one additional time. Judges will rescore. If there is still a tie, there will be two 1st places awarded.



## Team Traditional Forms (Poomsae)

(2-10 Participants. No age requirement. All belts.)  
Each team must select a team captain and team name

1. The judges will select the winner using a red or blue flag.
  
1. The following will complete each team's score:
  - a. Correct Execution of Each Technique
    - i. Posture - correct stances
      - a (For example, is it a correct forward stance - is it too long or too narrow?)
    - ii. Accuracy of Each Hand Technique – In addition to the technique, setting hands properly for blocks and strikes, as well as following the correct path and finishing in the correct place
    - iii. Accuracy of Each Kicking Technique - correct form, height, and power of kick
    - iv. Speed and Power of Each Individual Technique
  - b. Taekwondo Spirit
    - i. Kihap – confidence
    - ii. Attitude and Etiquette – proper respect as soon as the team's name is officially called to perform
  - c. Accurate Sequence of Movements
    - i. Correct poomsae based on lowest team member's registered rank. If team performs the wrong poomsae according to the lowest team member's registered rank.
      - a. (Example: 1 team member is an 8<sup>th</sup> Guep and team performs 1<sup>st</sup> Dan Poomsae Koryo)
    - ii. Correct order of techniques for each poomsae, including correct stances, blocks and strikes (For example, NOT scoring only if the forward stance was correct, but determining if it was a forward stance when it was supposed to be a back stance.)
  - d. Presentation
    - i. Speed/Tempo/Flow
    - ii. Eye Control - correct direction to "look", correct eye position as well as where eyes are focused
  - e. Unity of Team Performance
    - i. Team Synchronization - Every movement must be executed by each team member at the same time. However, team members may be facing different directions. Movements out of synchronization with other team members (for example, an "echo" movement) will result in a lower score.
  
2. Disqualification
  - a. Team exceeds the 90-second time limit
  - b. Unsportsmanlike conduct
  
3. Tiebreaker  
In the event of a tie for 1st place only (If there is a tie for 2nd or 3rd place there will be multiple 2nd and 3rd places awarded) – teams will perform poomsae one additional time. Judges will rescore. If there is still a tie, there will be two 1st places awarded.

## Individual/Team Creative Forms (W or W/O Weapons)

All ages, 8<sup>th</sup> Geup and above

Rank	Age (Division)							
	3-6 (Peewee)	7-9 (Child)	10-12 (Preteen)	13-17 (Teen)	18-30 (Adult)	31-45 (Senior)	46-54 (Executive)	55+ (Platinum)
5th - 8 <sup>th</sup> Geup	V	V	V	V	V	V	V	V
1 <sup>st</sup> - 4 <sup>th</sup> Geup/ Deputy (Bo-dan)	V	V	V	V	V	V	V	V
1 <sup>st</sup> Poom/Dan		V	V	V	V	V	V	V
2 <sup>nd</sup> Poom/Dan		V	V	V	V	V	V	V
3 <sup>rd</sup> Poom/Dan			V	V	V	V	V	V
4 <sup>th</sup> Poom/Dan				V	V	V	V	V
5 <sup>th</sup> Dan					V	V	V	V
6 <sup>th</sup> Dan					V	V	V	V
7 <sup>th</sup> Dan						V	V	V
8 <sup>th</sup> Dan						V	V	V
9 <sup>th</sup> Dan							V	V

**Global Open Kukkiwon Cup welcomes Para athletes in all areas of competition and will provide a separate division.**

# Individual Creative Forms (Poomsae) Without Weapons

(No age requirement. 8<sup>th</sup> Geup & above)

1. The judges will select the winner using a red or blue flag.
2. Music should not be uploaded to the website, there is no place to upload music. People must bring their own music and own speakers. Contestants can either bring music on a phone and connect it to their own speaker or connect a laptop to a speaker. Either way, the source of the music and sound amplification need to be provided by each contestant.
3. Props are allowed and must be appropriate for a family environment. (For example, a hat is allowed. No weapons are allowed.) Breaking boards ARE considered a prop and are acceptable. Board fragments ARE allowed. ALL props must be provided by the participant.
4. Judging criteria
  - a. Correct Execution of Each Technique
    - i. Posture - correct stances (For example, is it a correct forward stance - is it too long or too wide?)
    - ii. Accuracy of Each Hand Technique – In addition to the technique, setting hands properly for blocks and strikes, as well as following the correct path and finishing in the correct place
    - iii. Accuracy of Each Kicking Technique – correct form, height and power of kick
    - iv. Speed and Power of Each Individual Technique
  - b. Taekwondo Spirit
    - i. Kihap – confidence
    - ii. Attitude and Etiquette – proper respect as soon as the Participant’s name is officially called to perform
  - c. Execution of Compulsory Techniques
    - i. Execution of the *minimum* number of kicks (additional types and number of kicks are allowed):
      - ① 2 Front Snap Kicks (any variation of Front Snap Kicks, Ap Chagi)
      - ② 2 Roundhouse Kicks (any variation of Roundhouse Kicks, Dollyo Chagi)
      - ③ 2 Side Kicks (any variation of Side Kicks, Yeop Chagi)
    - ii. Execution of Each Kicking Technique
  - d. Creativity
    - i. Composition of choreography
    - ii. Creativity of entire routine
    - iii. Degree of Difficulty
5. Disqualification
  - a. Participant exceeds the 90 second time limit
  - b. Unsportsmanlike conduct
6. Tiebreaker
  - In the event of a tie for 1st place only (If there is a tie for 2nd or 3rd place there will be multiple 2nd and 3rd places awarded) – participants will perform poomsae one additional time. Judges will rescore. If there is still a tie, there will be two 1st places awarded.

## Individual Creative Forms (Poomsae) With Weapons

(No age requirement. 8<sup>th</sup> Geup & above)

2. The judges will select the winner using a red or blue flag.
3. Music should not be uploaded to the website as there is no place to upload music. People must bring their own music and speakers. Contestants can either bring music on a phone and connect it to their own speaker or connect a laptop to a speaker. Either way, the source of the music and sound amplification need to be provided by each contestant.
4. Props are allowed and must be appropriate for a family environment. (For example, a hat is allowed.) Breaking boards ARE considered a prop and are acceptable. Board fragments ARE allowed. ALL props must be provided by the participant.
5. Only martial arts weapons are allowed. Any weapon blade must be dull and approved by the Organizing Committee.
6. Judging criteria
  - a. Correct Execution of Each Technique
    - i. Posture - correct stances (For example, is it a correct forward stance - is it too long or too wide?)
    - ii. Accuracy of Each Hand Technique – In addition to the technique, setting hands properly for blocks and strikes, as well as following the correct path and finishing in the correct place
    - iii. Accuracy of Each Kicking Technique – correct form, height and power of kick
    - iv. Speed and Power of Each Individual Technique and Execution of use of Weapon(s)
  - b. Taekwondo Spirit
    - i. Kihap (Yell) – confidence
    - ii. Attitude and Etiquette – proper respect as soon as the Participant’s name is officially called to perform
  - c. Execution of Compulsory Techniques
    - i. Execution of the *minimum* number of kicks (additional types and number of kicks are allowed):
    - ii. 2 Front Snap Kicks (any variation of Front Snap Kicks, Ap Chagi)
    - iii. 2 Roundhouse Kicks (any variation of Roundhouse Kicks, Dollyo Chagi) 2 Side Kicks (any variation of Side Kicks, Yeop Chagi)
    - iv. Execution of Each Kicking Technique
  - d. Creativity
    - i. Composition of choreography
    - ii. Creativity of entire routine
    - iii. Degree of Difficulty
7. Disqualification
  - a. Participant crosses outside of the ring
  - b. Participant exceeds the 90-second time limit
  - c. Unsportsmanlike conduct
8. Tiebreaker

In the event of a tie for 1st place only (If there is a tie for 2nd or 3rd place there will be multiple 2nd and 3rd places awarded) – participants will perform poomsae one additional time. Judges will rescore. If there is still a tie, there will be two 1st places awarded.

## Team Creative Forms (Poomsae) Without Weapons

(2-10 Participants. No age requirement. 8<sup>th</sup> Geup & above)

Each team must select a team captain and team name

1. The judges will select the winner using a red or blue flag.
1. Music is **HIGHLY ENCOURAGED**. Music should not be uploaded to the website as there is no place to upload music. People must bring their own music and speakers. Contestants can either bring music on a phone and connect it to their own speaker, or connect a laptop to a speaker. Either way, the source of the music and sound amplification need to be provided by each contestant.
2. Props are allowed and must be appropriate for a family environment. (For example, a hat is allowed. No weapons are allowed.) Breaking boards **ARE** considered a prop and are acceptable. Board fragments **ARE** allowed. **ALL** props must be provided by the participant.
3. Judging criteria
  - a. Correct Execution of Each Technique
    - i. Posture - correct stances (For example, is it a correct forward stance - is it too long or too wide)
    - ii. Accuracy of Each Hand Technique – In addition to the technique, setting hands properly for blocks and strikes, as well as following the correct path and finishing in the correct place
    - iii. Accuracy of Each Kicking Technique – correct form, height and power of kick
    - iv. Speed and Power of Each Individual Technique
  - b. Taekwondo Spirit
    - i. Kihap – confidence
    - ii. Attitude and Etiquette – proper respect as soon as the Team’s name is officially called to perform
  - c. Execution of Compulsory Techniques
    - i. Execution of the *minimum* number of kicks (additional types and number of kicks are allowed):
    - ii. 2 Front Snap Kicks (any variation of Front Snap Kicks, Ap Chagi)
    - iii. 2 Roundhouse Kicks (any variation of Roundhouse Kicks, Ap Dollyo Chagi)
    - iv. 2 Side Kicks (any variation of Side Kicks, Yeop Chagi) ii. Execution of Each Kicking Technique
  - d. Creativity
    - i. Composition of choreography
    - ii. Creativity of entire routine
    - iii. Degree of Difficulty
  - e. Unity of Team Performance
    - i. Team synchronization

Movements should be executed by each team member at the same time. However, team members may be facing different directions. Unintentional movements out of synchronization with other team members will result in a lower score. Intentional movements out of synchronization (for example, an "echo" movement) will **NOT** result in a lower score.

1. Disqualification
  - a. Team member crosses outside of the ring
  - b. Team exceeds the 90-second time limit
  - c. Unsportsmanlike conduct
  
2. Tiebreaker
  - In the event of a tie for 1st place only (If there is a tie for 2nd or 3rd place there will be multiple 2nd and 3rd places awarded) – teams will perform poomsae one additional time. Judges will rescore. If there is still a tie, there will be two 1st places awarded.

## Team Creative Forms (Poomsae) With Weapons

(2-10 Participants. No age requirement. 8<sup>th</sup> Geup & up)

Each team must select a team captain and team name

1. The judges will select the winner using a red or blue flag.
4. Music should not be uploaded because there is no place to upload any music. People must bring their own music players.
5. Props are allowed and must be appropriate for a family environment. (For example, a hat is allowed.) Breaking boards ARE considered a prop and are acceptable. Board fragments ARE allowed. ALL props must be provided by the participant.
6. Only martial arts weapons are allowed. Any weapon blade must be dull and approved by the Organizing Committee.
7. Judging criteria
  - a. Correct Execution of Each Technique
    - i. Posture - correct stances (For example, is it a correct forward stance - is it too long or too wide?)
    - ii. Accuracy of Each Hand Technique – In addition to the technique, setting hands properly for blocks and strikes, as well as following the correct path and finishing in the correct place
    - iii. Accuracy of Each Kicking Technique - correct form, height and power of kick
    - iv. Speed and Power of Each Individual Technique v. Use of Weapon(s)
  - b. Taekwondo Spirit
    - i. Kihap – confidence
    - ii. Attitude and Etiquette – proper respect as soon as the Participant’s name is officially called to perform
  - c. Execution of Compulsory Techniques
    - i. 2 Front Snap Kicks (any variation of Front Snap Kicks, Ap Chagi)
    - ii. 2 Roundhouse Kicks (any variation of Roundhouse Kicks, Ap Dollyo Chagi) iii. 2 Side Kicks (any variation of Side Kicks, Yeop Chagi)
    - ***NOTE: These are the MINIMUM number/type of kicks in the Event. Other types and number of kicks are allowed.***
  - d. Creativity
    - i. Originality of Composition
    - ii. Degree of Difficulty
  - e. Unity of Team Performance
    - i. Team Synchronization
    - ii. Movements should be executed by each team member at the same time. However, team members may be facing different directions. Unintentional movements out of synchronization with other team members will result in a lower score. Intentional

movements out of synchronization (for example, an "echo" movement) will NOT result in a lower score.

8. Disqualification
  - a. Team member crosses outside of the ring
  - b. Team exceeds the 90-second time limit
  - c. Unsportsmanlike conduct
  
9. Tiebreaker
  - a. In the event of a tie for 1st place only (If there is a tie for 2nd or 3rd place there will be multiple 2nd and 3rd places awarded) – teams will perform poomsae one additional time. Judges will rescore. If there is still a tie, there will be two 1st places awarded.



# Breakings - Kyukpa

(Modified Kukkiwon Hanmadang Divisions/Rules)

Global Open Kukkiwon Cup welcomes Para athletes in all areas of competition and will provide a separate division.

## Key points

### -Materials:

Only boards will be used

Competitors must supply their own boards

1/4 -in boards will be available for a purchase at the site

Judges will inspect the boards just before the competition

### -Sizes:

#### Power Breaking

1-in x 12-in x 10-in (Known as Pine Shelving Board at lumber stores)

Purchase 1-in x 12-in (nominal size) shelving board and cut them in to 10 inches (to be exact) Ex) One 8' board will produce 9.6 pieces.

#### All others

¼-in x 10-in x 12-in (Known as Demo Board)

### -Board Holders

Holders will be provided by the Organizing Committee. It is acceptable if a participant would prefer to provide his or her own holders. Then the holders/Assistants will need to pick up credentials at the holding area to enter the competition area. They will then return these credentials back to the holding area. Otherwise, the Kukkiwon Hanmadang Breaking Station will be used for some but not all techniques. (Updates will be posted on [www.kukkiwonexpo.com](http://www.kukkiwonexpo.com))



Referee GM Sergio Chavez looks on at the World Hanmadang

**Individual Spinning Hook Kick (Turning Whip) Divisions**  
**Individual High Jump Kick (Jump Front) Divisions**  
**Individual Long Jump Kick (Flying side) Divisions**  
Ages 8 & up, 8<sup>th</sup> Geup and Above

Rank	Age (Division)							
	3-6 (Peewee)	7-9 (Child)	10-12 (Preteen)	13-17 (Teen)	18-30 (Adult)	31-45 (Senior)	46-54 (Executive)	55+ (Platinum)
<b>5th - 8<sup>th</sup> Geup</b>	<b>N/A</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>
<b>1<sup>st</sup> - 4<sup>th</sup> Geup/ Deputy (Bo-dan)</b>	<b>N/A</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>
<b>1<sup>st</sup> Poom/Dan</b>		<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>
<b>2<sup>nd</sup> Poom/Dan</b>		<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>
<b>3<sup>rd</sup> Poom/Dan</b>			<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>
<b>4<sup>th</sup> Poom/Dan</b>				<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>
<b>5<sup>th</sup> Dan</b>					<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>
<b>6<sup>th</sup> Dan</b>					<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>
<b>7<sup>th</sup> Dan</b>						<b>V</b>	<b>V</b>	<b>V</b>
<b>8<sup>th</sup> Dan</b>						<b>V</b>	<b>V</b>	<b>V</b>
<b>9<sup>th</sup> Dan</b>							<b>V</b>	<b>V</b>

## Individual Spinning Hook Kick (Turning Whip kick)

(1 Participant. Ages 8 & up. 8<sup>th</sup> Geup & up)

1. Participant will attempt to break as many 1/4-inch pine boards as possible with a continuous Spinning Hook Kick.
2. The participant who breaks the most boards will be declared the winner.
3. During the 30-second attempt, if the participant touches the board with their foot but the board does NOT break, the holder CANNOT reuse that board for the next attempt. The holder must reload a NEW board. If the participant does NOT touch the board, then the holder can reuse that board for the next attempt.
4. The maximum number of holders is four with two holders in front. Holders will be provided by the Organizing Committee.
  - a. If a participant would prefer to provide his or her own holders, that is acceptable. Holders will ONLY be allowed on the competition floor during the participant's event. There are no uniform requirements for board holders. (However, a Taekwondo uniform is HIGHLY encouraged. If board holders are NOT in a Taekwondo uniform, clothing must be suitable for a family environment.) ONLY martial arts shoes are allowed on the mats.
5. The front two holders must wear chest protectors and headgear.
6. Holders and Participants must remain in the designated spot.
7. Holders can only use one hand to hold the board the participant is attempting to break.
8. In the event of a tie for 1st place only (If there is a tie for 2nd or 3rd place there will be multiple 2nd and 3rd places awarded), there will be 1 overtime round. If there is still a tie after the overtime round, both participants will be awarded 1st place.
9. Broken boards will not be included in the final total score for the following infractions:
  - a. The bottom of the board must be no lower than the participant's waist. If the board is held below the participant's waist, there will be NO BREAK awarded for EVERY infraction.
  - b. If the participant crosses into the square of the holders and steps outside of the square, there will be NO BREAK awarded for EVERY infraction.
  - c. The participant must break the board with the HEEL or the BOTTOM of the foot. If the participant breaks the board using the foot edge or instep, there will be NO BREAK awarded for EVERY infraction.
  - d. When a holder moves their wrist/hand to assist the breaking technique, there will be NO BREAK awarded for EVERY infraction.
10. No Break (Score of 0)
  - a. Participant touches the ground with any part of the body other than feet during the 30 second attempt
  - b. Participant falls down during the 30 second attempt
  - c. Participant or holder crosses over any boundary line more than 3 times
  - d. Participant breaks the target with the foot edge or instep more than 3 times

## Individual High Jump Kick & Long Jump Kick

(1 Participant. Ages 8 & up. 8<sup>th</sup> Geup & up)

1. Each participant has a maximum of 30 seconds to attempt to break the board with Running Jumping Front Snap Kick & Running Long Jump Kick (Flying side kick).
2. Each participant has only one attempt to break the board for each round.
3. Participants may not cover the breaking foot with any bandages, tape or any other material. The referee must approve any injuries that may need to be covered.
4. The running distance is approximately 6 meters, and the starting board height/distance will be determined by the referee.
5. The order of participants (who breaks first) will be determined by height. The shortest participant will attempt to break first.
6. Participants must break the board to advance to the next round.
7. Once the participant passes the designated halfway mark, an attempt is counted upon approach. (For example, once the participant crosses the designated halfway mark, they may not return to the starting position to attempt to break again.)
8. After each round, the board height/distance will be raised incrementally at the referee's discretion.
9. The participant to break the highest/longest board will be declared the winner.
10. In the event of a tie for 1st place only (If there is a tie for 2nd or 3rd place there will be multiple 2nd and 3rd places awarded), the height/distance will be raised until a participant FAILS to break the board. (If all participants fail to break the board, then 1st place will be awarded to the SHORTEST participant.)
11. If any part of the body touches the floor besides the feet, it is considered NO BREAK

## Individual Power Breaking Knife hand (Downward) Division

### Ages 13 & up, 8<sup>th</sup> Geup & above

Rank	Age (Division)							
	3-6 (Peewee)	7-9 (Child)	10-12 (Preteen)	13-17 (Teen)	18-30 (Adult)	31-45 (Senior)	46-54 (Executive)	55+ (Platinum)
<b>5th - 8<sup>th</sup> Geup</b>				<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>
<b>1<sup>st</sup> - 4<sup>th</sup> Geup/ Deputy (Bo-dan)</b>				<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>
<b>1<sup>st</sup> Poom/Dan</b>				<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>
<b>2<sup>nd</sup> Poom/Dan</b>				<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>
<b>3<sup>rd</sup> Poom/Dan</b>				<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>
<b>4<sup>th</sup> Poom/Dan</b>				<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>
<b>5<sup>th</sup> Dan</b>					<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>
<b>6<sup>th</sup> Dan</b>					<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>
<b>7<sup>th</sup> Dan</b>						<b>V</b>	<b>V</b>	<b>V</b>
<b>8<sup>th</sup> Dan</b>						<b>V</b>	<b>V</b>	<b>V</b>
<b>9<sup>th</sup> Dan</b>							<b>V</b>	<b>V</b>

**Global Open Kukkiwon Cup welcomes Para athletes in all areas of competition and will provide a separate division.**

## Individual Power Breaking Knife Hand (Downward)

(1 Participant. Ages 13 & up. 8<sup>th</sup> Geup & above)

1. Each participant will have one attempt to break with a Knife Hand Strike in a designated area. The floor will NOT be matted.
2. The participant will attempt to break 1-inch pine boards with no spacers. Boards may not be taped together.
3. All boards will be placed on a board holding stand. The board holding stand will be placed directly on the floor.
4. The participant is allowed 60 seconds to set up and place the board(s) on the holding stand.
5. The width of the board holding stand will be at the participant's discretion.
6. Once the referee declares "Si Jak (begin)", the participant's break must be done within 30 seconds
7. The participant must use the side of the palm (from the side of the first knuckle of the little finger to the front side of the wrist) for Knife Hand. Fingers can be bent; however, the hand cannot be closed in a fist position.
8. Participants may not cover the breaking hand with any bandages, tape or any other material. The referee must approve any injuries that may need to be covered.
9. Each participant must PRIVATELY complete a form that states the number of boards he or she will attempt to break prior to the start of the division.
10. The participant who breaks the most boards will be declared the winner.
11. If two or more participants break the same number of boards, the participant who attempted to break the greatest number of boards will receive a higher score. (For example, Participant #1 attempts to break 5 boards and only 4 boards break. Participant #2 attempts to break 4 boards and succeeds in breaking 4. Therefore, Participant #1 will receive the higher final position within the division, because they attempted to break more boards)
12. In the event of a tie for 1st place only (If there is a tie for 2nd or 3rd place there will be multiple 2nd and
13. 3rd places awarded), there will be 1 overtime round. (Add 1 additional board)
14. If there is still a tie at the end of the overtime round, the winner will be declared by body weight. (The lightest person will be declared the winner.) A scale will be provided at the event.
15. Deductions
  - a. Participant crosses outside of the ring (1 board deduction)
  - b. Participant disobeys the referee's instructions (1 board deduction)

- c. Participant exceeds the 30-second time limit (1 board deduction)
  - d. Unsportsmanlike conduct (1 board deduction for each occurrence)
    - (For example, trying to distract the other participants, not showing respect to others, etc.)
16. Disqualification
- a. Participant attempts to break the boards twice
  - b. Participant uses any part of the body OTHER than the side of the palm (from the side of the first knuckle of the little finger to the front side of the wrist) for Knife Hand. (EXAMPLE: Participants breaks boards with the wrist)
  - c. After attempting the break, participant falls down after breaking, touching the ground with any part of the body above the knees (The hand that broke the boards IS permitted to touch the ground after the break. In addition, a knee touching the ground is allowed.)
  - d. Touching the boards after the referee declares “Si Jak (begin)” is considered your 1 and only attempt. Any other touching of the boards will result in disqualification.

**Individual Power Breaking Skipping Side Kick (Sliding side) Divisions**  
**Individual Power Breaking Turning Back Kick Divisions**  
**Ages 8 & up, 8<sup>th</sup> Geup and Above**

Rank	Age (Division)							
	3-6 (Peewee)	7-9 (Child)	10-12 (Preteen)	13-17 (Teen)	18-30 (Adult)	31-45 (Senior)	46-54 (Executive)	55+ (Platinum)
<b>5<sup>th</sup> - 8<sup>th</sup> Geup</b>		V	V	V	V	V	V	V
<b>1<sup>st</sup> - 4<sup>th</sup> Geup/ Deputy (Bo-dan)</b>		V	V	V	V	V	V	V
<b>1<sup>st</sup> Poom/Dan</b>		V	V	V	V	V	V	V
<b>2<sup>nd</sup> Poom/Dan</b>		V	V	V	V	V	V	V
<b>3<sup>rd</sup> Poom/Dan</b>			V	V	V	V	V	V
<b>4<sup>th</sup> Poom/Dan</b>				V	V	V	V	V
<b>5<sup>th</sup> Dan</b>					V	V	V	V
<b>6<sup>th</sup> Dan</b>					V	V	V	V
<b>7<sup>th</sup> Dan</b>						V	V	V
<b>8<sup>th</sup> Dan</b>						V	V	V
<b>9<sup>th</sup> Dan</b>							V	V

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# Individual Power Breaking Skipping Side Kicking (Fast Step Side)

(1 Participant Only. Ages 8 & up. 8<sup>th</sup> Geup and Above)

1. Each participant will have one attempt to break with a Skipping Side Kick in the designated area. Both of the Participant's feet must remain in the area.
2. The participant will attempt to break 1-inch pine boards with no spacers. Boards may not be taped together.
3. The participant's break must be done within 30 seconds. Once the referee declares "Si Jak (begin)", the participant may not touch the boards.
4. The participant must use the heel of the foot/foot blade. The middle of the boards must be at least as high as the participant's waist for Skipping Side Kick breaking.
5. Participants may not cover the breaking foot with any bandages, tape or any other material. The referee must approve any injuries that may need to be covered.
6. Each participant must PRIVATELY complete a form that states the number of boards he or she will attempt to break prior to the start of the division.
7. The participant who breaks the most boards will be declared the winner.
8. If two or more participants break the same number of boards, the participant who attempted to break the greatest number of boards will receive a higher score. (For example, Participant #1 attempts to break 5 boards and only 4 boards break. Participant #2 attempts to break 4 boards and succeeds in breaking 4. Therefore, Participant #1 will receive the higher final position within the division, because they attempted to break more boards.)
9. In the event of a tie for 1st place only (If there is a tie for 2nd or 3rd place there will be multiple 2nd and 3rd places awarded), there will be 1 overtime round. (Add 1 additional board)
10. If there is still a tie at the end of the overtime round, the winner will be declared by body weight. (The lightest person will be declared the winner.) A scale will be provided at the event.
11. Deductions
  - a. Participant exceeds the 30-second time limit (1 board deduction)
  - b. Participant disobeys the referee's instructions (1 board deduction)
  - c. Unsportsmanlike conduct (1 board deduction for each occurrence)  
(For example, trying to distract other participants, not showing respect to others, etc.)
12. Disqualification
  - a. Participant attempts to break the boards twice
  - b. Participant uses any part of the body OTHER than the heel of the foot/foot blade.  
(Example: Participants breaks boards with the instep)
  - c. Participant falls down during the 30-second attempt, touching the ground with any part of the body besides the feet

- d. Touching the boards after the referee declares “Si Jak (begin)” is considered your 1 and only attempt. Any other touching of the boards will result in a score of 0 = No break.

## Individual Power Breaking Turning Back Kick

(1 Participant Only. Ages 8 & up. 8<sup>th</sup> Geup and Above)

1. Each participant will have one attempt to break with a Turning Back Kick in the designated area. (Taking a step before turning is allowed.) Both of the Participant's feet must remain in the area.
2. Participants will attempt to break 1-inch pine boards with no spacers. Boards may not be taped together.
3. The participant's break must be done within 30 seconds. Once the referee declares “Si Jak (begin)”, the participant may not touch the boards.
4. Participant must use the heel of the foot/foot blade. The middle of the boards must be at least as high as the participant’s waist for Turning Back Kick breaking.
5. Participants may not cover the breaking foot with any bandages, tape or any other material. The referee must approve any injuries that may need to be covered.
6. Each participant must PRIVATELY complete a form that states the number of boards he or she will attempt to break prior to the start of the division.
7. The participant who breaks the most boards will be declared the winner.
8. If two or more participants break the same number of boards, the participant who attempted to break the greatest number of boards will receive a higher score. (For Example, Participant #1 attempts to break 5 boards and only 4 boards break. Participant #2 attempts to break 4 boards and succeeds in breaking 4. Therefore, Participant #1 will receive the higher final position within the division, because they attempted to break more.)
9. In the event of a tie for 1st place only (If there is a tie for 2nd or 3rd place there will be multiple 2nd and 3rd places awarded), there will be 1 overtime round. (Add 1 additional board)
10. If there is still a tie at the end of the overtime round, the winner will be declared by body weight. (The lightest person will be declared the winner.) A scale will be provided at the event.
11. Deductions
  - a. Participant exceeds the 30-second time limit (1 board deduction)
  - b. Participant disobeys the referee’s instructions (1 board deduction)
  - c. Unsportsmanlike conduct (1 board deduction for each occurrence)  
(For Example, trying to distract other participants, not showing respect to others, etc.)
12. No Break (Score of 0)
  - a. Participant attempts to break the boards twice
  - b. Participant uses any part of the body OTHER than the heel of the foot/foot blade. (Example:
  - c. Participants breaks boards with the instep)
  - d. Participant falls down during the 30-second attempt, touching the ground with any part of the body besides the feet

- e. Touching the boards after the referee declares “Si Jak (begin)” is considered your 1 and only attempt. Any other touching of the boards will result in disqualification.

## Individual Creative Breaking (All-round, Multi station)

### All ages, 8<sup>th</sup> Geup & Above

Rank	Age (Division)							
	3-6 (Peewee)	7-9 (Child)	10-12 (Preteen)	13-17 (Teen)	18-30 (Adult)	31-45 (Senior)	46-54 (Executive)	55+ (Platinum)
<b>5th - 8<sup>th</sup> Geup</b>	V	V	V	V	V	V	V	V
<b>1<sup>st</sup> - 4<sup>th</sup> Geup/ Deputy (Bo-dan)</b>	V	V	V	V	V	V	V	V
<b>1<sup>st</sup> Poom/Dan</b>		V	V	V	V	V	V	V
<b>2<sup>nd</sup> Poom/Dan</b>		V	V	V	V	V	V	V
<b>3<sup>rd</sup> Poom/Dan</b>			V	V	V	V	V	V
<b>4<sup>th</sup> Poom/Dan</b>				V	V	V	V	V
<b>5<sup>th</sup> Dan</b>					V	V	V	V
<b>6<sup>th</sup> Dan</b>					V	V	V	V
<b>7<sup>th</sup> Dan</b>						V	V	V
<b>8<sup>th</sup> Dan</b>						V	V	V
<b>9<sup>th</sup> Dan</b>							V	V

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# Individual Creative Breaking (Kyukpa)

(1 Participant only. All ages. 8<sup>th</sup> Geup and Above)

1. Participants have 60 seconds to set up and 60 seconds to execute their breaks.
2. At the participant's discretion, he or she will attempt to break a minimum of 1 board and a maximum of 10 boards. (Age 6 and under: maximum 3 boards) (All boards are 1/4-inch pine boards.) Participant is allowed to do multiple boards at 1 station.
3. Participants may not cover any part of the body that will be used for breaking a board with any bandages, tape or any other material. The referee must approve any injuries that may need to be covered.
4. Props CAN be used but boards cannot be altered. (For Example, board fragments, confetti, streamers, poppers, powder, etc. cannot be added to the boards) Board stands, blocks, board holding devices, chairs are considered props and CAN be used.
5. Participants are allowed provide their own holders. Holders will ONLY be allowed on the competition floor during the participant's event. There are no uniform requirements for board holders. (However, a taekwondo uniform is HIGHLY encouraged. If board holders are NOT in a taekwondo uniform, clothing must be suitable for a family environment.) ONLY martial arts shoes are allowed on the mats.
6. The participant may attempt to break each technique a maximum of 3 times. Broken boards may not be replaced on the 2nd or 3rd attempt. (For Example, if a participant does a split kick in the air and only one board breaks, the participant CANNOT replace broken board with a new board on the 2nd or 3rd attempt.)
7. The coach or parents must provide the breaking routines for age 6 and under.
8. Judging criteria
  - a. Creativity
    - i. Creativity of Performance
    - ii. Degree of Difficulty
  - b. Execution of Requirements
    - i. Broke at least 1 board and not more than 6 boards
    - ii. Not exceeding the maximum number of attempts per break, maximum of 3 attempts
  - c. Presentation
    - i. Speed/Tempo/Flow
  - d. Taekwondo Spirit

- i. Kihap – confidence
  - ii. Attitude and Etiquette – proper respect as soon as the Participant’s name is officially called to perform
- 9. Deductions
  - a. Participant exceeds the 60-second time limit for setup (-0.3)
  - b. Participant exceeds the 60-second time limit (-0.3)
  - c. Participant exceeds the maximum number of attempts allowed per break, maximum of 3 attempts (-1)
  - d. Altering the board in any way. (-0.5)
  - e. Participant crosses outside of the ring (-0.5)  
(Participant will not receive a deduction if the holder crosses outside of the ring)
  - f. Unsportsmanlike conduct (-1)
- 10. Tiebreaker
  - In the event of a tie for 1st place only (If there is a tie for 2nd or 3rd place there will be multiple 2nd and 3rd places awarded) – participants will perform breaking routine one additional time. Judges will rescore. If there is still a tie, there will be two 1st places awarded.

# Team Competitions

## Key points

### Team Demonstration

- Up to 40 members
- 8 minutes of performance
- 70% of the team members must participate in individual competition
- 12 meter x 12 meter area

### Team Sparring

- Global Open Kukkiwon Cup sparring rules (Individual) will govern the Team Competition.
- Five (5) contestants both male and female categories with no weight limit
- Must include a member of opposite sex
- 3 rounds
- Age divisions; (12-14), (15-17), (17-32)





## Team Demonstration

(5-40 Team Members. No age requirement. All belts)  
Each team must select a team captain and team name

### RULES

Demonstration Competition is a performance highlighting the many aspects of Taekwondo art, such as Poomsae, Breaking, Acrobatic Kicks, and Self-Defense techniques, with the addition of music and choreography.

At the least 70% of Demo team member must participate in competition in any of the individual events.

### Performance Time Limit

Set-up	Maximum 1 minute.
Performance	Maximum 8 minutes.
Clean-up	Maximum 1 minute.

### Performance Area

The performance must be confined to the 12m x 12m Contest Area. 0.1 points shall be deducted from the final score each time a contestant crosses the boundary line during performance. Any performance outside of the boundary will not be considered.

### Team Uniforms

All contestants must wear appropriate sport attire, a proper Taekwondo Uniform, or team track suit. A Taekwondo belt is required to be worn.

### Performance Music

All music must be submitted for approval prior to the competition. The deadline shall be a minimum of 1 week before the start of the event. Submit music to [mnelsen74@gmail.com](mailto:mnelsen74@gmail.com).

Music mixed with political and religious elements, abusive language, and obscene language is not allowed.

Competitors must provide their own Speaker to play music at the mat area.

### Team Size

Teams can be as small as 10 members, or as large as 40 members. Teams MUST comply with Contest Area boundary. Teams are allowed 2 alternate team members to replace an injured athlete.

## **Disallowed Demo Techniques and Equipment**

There will be NO standing on chairs or tables, and no use of tumbling boards or any similar devices. Use of poles and similar devices to hold boards for high jumping breaks is permitted; these must be approved in advance.

Due to safety and liability issues, no pyrotechnics, no fireworks and no flame breaks.

No sharp weapons allowed. Any weapons that will be used must first be approved by the tournament directors.

In breaking, any Taekwondo striking or kicking technique may be used, with the exception of head strikes, which are a 0.3 procedural deduction each.

Boards should be brought by the Demo Team. If you need to purchase boards from the vendor you can do so but are not required to.

## **Scoring Criteria**

Reference USAT packet “2020\_Demonstration\_Team\_Rules.pdf” page 2-4.

<https://www.teamusa.org/usa-taekwondo/v2-events/competition-rules>

## **Demo Decision Process**

Reference USAT packet “2020\_Demonstration\_Team\_Rules.pdf” page 5.

<https://www.teamusa.org/usa-taekwondo/v2-events/competition-rules>



## 2023 Global Open Kukkiwon Cup Team Demonstration Registration Form

**Name of the Team:** \_\_\_\_\_

**Team captain/coach Information**

First: \_\_\_\_\_ Last: \_\_\_\_\_ Cell phone: ( ) \_\_\_\_\_

E-mail: \_\_\_\_\_ Dojang name: \_\_\_\_\_ Dojang location(City): \_\_\_\_\_

At least 70% of demo team members must participate in individual competition

No.	Name	Age	Gender	Rank	Competing in individual competition (O, X)
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					

If you have more than 20 members, please re-print this page to add additional members.

**This is a sample form. Please register online.**

**Liability Waiver**

I, the undersigned, waive, release, and discharge any and all rights and claims for damages which may occur against Kukkiwon Cup, Black Belt World, Inc., and/or persons associated with this event in any capacity, for any and all damage which may be sustained by me with my association with entry in the above athletic meet all contact sport. I understand the rules published by the sponsors and agree with them in their entirety. Furthermore, I do hereby wave any compensation whatsoever for the use of photographs, movies, videos, etc. of me by the promoter.

Signature (Parents/Guardian if minor): \_\_\_\_\_

Date: \_\_\_\_\_

Instructor's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

# Team Sparring

## Systems of competition

-Global Open Kukkiwon Cup sparring rules will govern the Team Competition.

-Five (5) contestants both male and female divisions with no weight limit however, the team must include one member of opposite sex. 1<sup>st</sup> & higher Poom/Dan holder only.

-The order of matches by the names of the contestants must be submitted in writing before the competition begins. Up to two people may be designated as substitutes, however, their names and substitution order must be submitted in writing before the match.

-The duration of the contest shall be three rounds of (4) minutes of 1<sup>st</sup> round, five (5) minutes of 2<sup>nd</sup> and 3<sup>rd</sup> round with a one-minute rest period between rounds. The 1<sup>st</sup> round shall be conducted based on traditional team match format for one (1) minute per contest and the 2<sup>nd</sup> and the 3<sup>rd</sup> round shall be conducted for five (5) minutes based on tag-team match format.

-Age divisions; (12-14), (15-17), (17-32)



WT World Cup Team Championships in Wuxi, China

# Sparring Competition Guidelines (Individual)

## RULES

Modified WT rules will be in effect for this championship.

### Scoring Areas

Trunk: The blue or red colored area of the trunk protector

Head: The entire head above the bottom line of the head protector

### Criteria for valid point(s)

Points shall be awarded when permitted techniques are delivered accurately and POWERFULLY to the legal scoring area.

Power defines as the “Trembling Shock” used in classic Taekwondo. The impact of the strike should stagger or displace opponent’s body abruptly.

### Invalid point(s)

Techniques delivered without the SUFFICIENT POWER such as tag, brush, touch.

Use of any of the prohibited actions even after delivery of the legitimate technique.

### Point System

Punch to Trunk	1 Point
Kick to Trunk	2 Point
Kick to Head	3 Point

### Judging Equipment

The Ring System will be used to convey the recorded point to the score board immediately. Fighters will be directed to focus on the match instead of looking at the score board.

### Head Contact

Head Contact will only be allowed for Black Belts & Color Belts 13 and older in all divisions. However, the light contact rule will be applied to the Color Belts division.

Black Belts & Color Belts, 12 and Younger                      No Head Contact allowed

### Match Times and Rounds

Color Belts	Two, 60 seconds Rounds
Black Belts, Festive	Two, 90 seconds Rounds
Black Belts, World Class	Three, 120 seconds Rounds

## 10 points gaps

In the World Class Division, if the points gaps are 10+ after finishing the 2<sup>nd</sup> round, Then the 3<sup>rd</sup> round will be forfeited.

## Bracketing

Festive Sparring	Brackets will be limited to a maximum of 4 Competitors
World Class Sparring	Brackets will be limited to a maximum of 16 Competitors

## Equipment

All athletes' equipment must be in proper working order. No equipment with rips or tears will be allowed. Competitors without proper equipment could be disqualified from their match.

Required equipment includes Clean and Proper Taekwondo uniform, Head Gear, Mouthpiece, Chest Gear, Forearm Guards, Shin and Instep Guards, Groin Protector for Male Divisions. **Face shield** is not required but encouraged for all participants.

No Electronic Gears are required.

## White Belt Sparring

Each White belt student freely kicks and punches for 90 seconds using the Kicking Shield, and when all four competitors are finished, the referee uses the score to determine the ranking from 1st to 4th. Gears are not required.

## Penalties and Prohibited Acts

Penalties of point deduction (Gam-jeom) and Prohibited Acts will be based on the current WT officiating guidelines

## Para Athletes

Global Open Kukkiwon Cup welcomes Para athletes and will provide a separate division.

## Sparring Rank Divisions

Rank Divisions are based on “Rank” and not the color of a participant’s belt. Belt Colors might differ school to school, but the rank should be consistent.

<b>Rank</b> (Divisions will be broken up by the ranks below.)	<b>Usual Belt Color</b> (Color could be different based on your school’s belt system.)	
<b>Color Belts</b>		
9 <sup>th</sup> and 8 <sup>th</sup> Keub	White or Yellow	
7 <sup>th</sup> and 6 <sup>th</sup> Keub	Yellow or Green	
5 <sup>th</sup> and 4 <sup>th</sup> Keub	Green or Blue	
3 <sup>rd</sup> and 2 <sup>nd</sup> Keub	Blue or Red	
1 <sup>st</sup> Keub and Bo Dan	Red or Bo Dan (Red and Black)	
<i>Bo Dan’s that want to compete with Black Belts will need to register as a 1<sup>st</sup> Poom/Dan Competitor.</i>		
<b>Black Belts</b>		
<b>Festive</b>	1 <sup>st</sup> – 2 <sup>nd</sup> Poom / Dan	Black Belt
	3 <sup>rd</sup> – 4 <sup>th</sup> Poom / Dan	Black Belt
	5 <sup>th</sup> – 6 <sup>th</sup> Dan	Black Belt
<b>World Class</b>	1 <sup>st</sup> – 9 <sup>th</sup> Poom / Dan	Black Belt



## Sparring Weight Divisions

Following USAT Sparring Weight Divisions.

### 5 and Younger, 6-7 Years Old, All Belts

Division	Male	Female
Fly	Under 19 kg (Under 42 lbs)	Under 19 kg (Under 42 lbs)
Feather	19.1–23 kg (42.1–51 lbs)	19.1–23 kg (42.1–51 lbs)
Welter	23.1–27 kg (51.1–59 lbs)	23.1–27 kg (51.1–59 lbs)
Heavy	Over 27.1 kg (Over 59.1 lbs)	Over 27.1 kg (Over 59.1 lbs)

### 8-9 Years Old, All Belts

Division	Male	Female
Fly	Under 21 kg (Under 46 lbs)	Under 21 kg (Under 46 lbs)
Feather	21.1–25 kg (46.1–55 lbs)	21.1–25 kg (46.1–55 lbs)
Welter	25.1–30 kg (55.1–66 lbs)	25.1–30 kg (55.1–66 lbs)
Heavy	Over 30.1 kg (Over 66.1 lbs)	Over 30.1 kg (Over 66.1 lbs)

### 10-11 Years Old, All Belts

Division	Male	Female
Fly	Under 30 kg (Under 66 lbs)	Under 30 kg (Under 66 lbs)
Feather	30.1–35 kg (66.1–77 lbs)	30.1–35 kg (66.1–77 lbs)
Welter	35.1–40 kg (77.1–88 lbs)	35.1–40 kg (77.1–88 lbs)
Heavy	Over 40 kg (Over 88.1 lbs)	Over 40 kg (Over 88.1 lbs)

### 12-14 Years Old, All Belts

Division	Male	Female
Fin	Not exceeding 33 kg (Not exceeding 72.8 lbs)	Not exceeding 29 kg (Not exceeding 63.9 lbs)
Fly	Over 33 kg & not exceeding 37 kg (72.9 – 81.6 lbs)	Over 29 kg & not exceeding 33 kg (64.0 – 72.8 lbs)
Bantam	Over 37 kg & not exceeding 41 kg (81.7 – 90.4 lbs)	Over 33 kg & not exceeding 37 kg (72.9 – 81.6 lbs)
Feather	Over 41 kg & not exceeding 45 kg (90.5 – 99.2 lbs)	Over 37 kg & not exceeding 41 kg (81.7 – 90.4 lbs)
Light	Over 45 kg & not exceeding 49 kg (99.3 – 108.0 lbs)	Over 41 kg & not exceeding 44 kg (90.5 – 97.0 lbs)
Welter	Over 49 kg & not exceeding 53 kg (108.1 – 116.8 lbs)	Over 44 kg & not exceeding 47 kg (97.1 – 103.6 lbs)
Light Middle	Over 53 kg & not exceeding 57 kg (116.9 – 125.7 lbs)	Over 47 kg & not exceeding 51 kg (103.7 – 112.4 lbs)
Middle	Over 57 kg & not exceeding 61 kg (125.8 – 134.4 lbs)	Over 51 kg & not exceeding 55 kg (112.5 – 121.3 lbs)
Light Heavy	Over 61 kg & not exceeding 65 kg (134.5 – 143.3 lbs)	Over 55 kg & not exceeding 59 kg (121.4 – 130.1 lbs)
Heavy	Over 65 kg (143.4 lbs and over)	Over 59 kg (130.2 lbs and over)

## 15-17 Years Old, All Belts

Division	Male	Female
Fin	Not exceeding 45 kg (Not exceeding 99.2 lbs)	Not exceeding 42 kg (Not exceeding 92.6 lbs)
Fly	Over 45 kg not exceeding 48 kg (99.3 lbs – 105.8 lbs)	Over 42 kg not exceeding 44 kg (92.7 lbs – 97.0 lbs)
Bantam	Over 48 kg not exceeding 51 kg (105.9 lbs – 112.4 lbs)	Over 44 kg not exceeding 46 kg (97.1 lbs – 101.4 lbs)
Feather	Over 51 kg not exceeding 55 kg (112.5 lbs – 121.3 lbs)	Over 46 kg not exceeding 49 kg (101.5 lbs – 108.0 lbs)
Light	Over 55 kg not exceeding 59 kg (121.4 lbs – 130.0 lbs)	Over 49 kg not exceeding 52 kg (108.1 lbs – 114.6 lbs)
Welter	Over 59 kg not exceeding 63 kg (130.1 lbs – 138.9 lbs)	Over 52 kg not exceeding 55 kg (114.7 lbs – 121.3 lbs)
Light Middle	Over 63 kg not exceeding 68 kg (139.0 lbs – 149.9 lbs)	Over 55 kg not exceeding 59 kg (121.4 lbs – 130.0 lbs)
Middle	Over 68 kg not exceeding 73 kg (150.0 lbs – 160.9 lbs)	Over 59 kg not exceeding 63 kg (130.1 lbs – 138.9 lbs)
Light Heavy	Over 73 kg not exceeding 78 kg (161.0 lbs – 172.0 lbs)	Over 63 kg not exceeding 68 kg (139.0 lbs – 149.9 lbs)
Heavy	Over 78 kg (172.1 lbs and over)	Over 68 kg (150.0 lbs and over)

## 18 and Older, All Belts

Division	Male	Female
Fin	Not exceeding 54 kg (Not exceeding 119.0 lbs)	Not exceeding 46 kg (Not exceeding 101.4 lbs)
Fly	Over 54 kg & not exceeding 58 kg (119.1 lbs – 127.9 lbs)	Over 46 kg & not exceeding 49 kg (101.5 lbs - 108.0 lbs)
Bantam	Over 58 kg & not exceeding 63 kg (128.0 lbs - 138.9 lbs)	Over 49 kg & not exceeding 53 kg (108.1 lbs - 116.9 lbs)
Feather	Over 63 kg & not exceeding 68 kg (139.0 lbs - 149.9 lbs)	Over 53 kg & not exceeding 57 kg (117.0 lbs - 125.7 lbs)
Light	Over 68 kg & not exceeding 74 kg (150.0 lbs - 163.1 lbs) Light	Over 57 kg & not exceeding 62 kg (125.8 lbs – 136.7 lbs)
Welter	Over 74 kg & not exceeding 80 kg (163.2 lbs - 176.4 lbs) Welter	Over 62 kg & not exceeding 67 kg (136.8 lbs - 147.7 lbs)
Middle	Over 80 kg & not exceeding 87 kg (176.5 lbs - 191.8 lbs)	Over 67 kg & not exceeding 73 kg (147.8 lbs - 160.9 lbs)
Heavy	Over 87 kg (191.8 lbs and over)	Over 73 kg (161.0 lbs and over)

**2023 Global Open Kukkiwon Cup**  
**PARTICIPATION AGREEMENT, WAIVER AND RELEASE OF LIABILITY,**  
**ASSUMPTION OF RISK AND PARENTAL/GUARDIAN CONSENT**

**- Liability Waivers -**

In consideration of my participation in the Global Open Kukkiwon Cup Taekwondo Championships, I acknowledge, appreciate, and agree that:

1. RISK IS INHERENT IN PARTICIPATION in the Global Open Kukkiwon Cup Taekwondo Championships, and in related training and discipline, including risks from the use of equipment and facilities, the risk of extensive and severe physical injury, paralysis, disability, death, harassment, exposure to inappropriate conduct as well as the risk of damage or loss of property.
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS; both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OR OMISSIONS OF the Global Open Kukkiwon Cup Taekwondo Championships, STAFF, VOLUNTEERS, REPRESENTATIVES and/or FELLOW PARTICIPANTS.
3. I ACKNOWLEDGE THAT UNACCEPTABLE BEHAVIOR WILL NOT BE TOLERATED and may lead to my dismissal and/or participation of any kind.
4. I BELIEVE I AM QUALIFIED AND SUFFICIENTLY FIT TO PARTICIPATE in the Global Open Kukkiwon Cup Taekwondo Championships.
5. In consideration of my and/or the minor child's participation in the Global Open Kukkiwon Cup Taekwondo Championships by the Global Open Kukkiwon Cup Taekwondo Championships we acknowledge, appreciate, and agree that:
6. Both Parent(s), Guardian(s) and/or Participant hereby voluntarily release the Global Open Kukkiwon Cup Taekwondo Championships, their agents or employees, and all other persons or entities from any and all liability, claims, demands, actions or rights of action, which are related to or are in any way connected with the Participant's participation in the Global Open Kukkiwon Cup Taekwondo Championships that may arise from or be related to any loss, damage or injury, including death, that may be sustained by myself, my child or any **personal property** while participating in the Global Open Kukkiwon Cup Taekwondo Championships, programs and any and all other activities conducted and/or organized by the Global Open Kukkiwon Cup Taekwondo Championships, including specifically but not limited to negligent acts or omissions of the Global Open Kukkiwon Cup Taekwondo Championships, their agents or employees, and all other persons or entities, for any and all injury, death and damage to myself, my child, any Parent or Guardian or to their property.
7. I further agree that if, despite this release, I or anyone on my or the minor child's behalf makes a claim against the Global Open Kukkiwon Cup Taekwondo Championships, I will indemnify, save and hold harmless from any litigation expense, attorneys fees, loss liability, damage or costs that may incur as the result of any such claim.
8. PARTICIPANT PHYSICAL CONDITION: To the best of their knowledge, Parent(s), Guardian(s) and/or Participants that the Participant is in good physical condition and has no knowledge of any

physical condition injury, or [illness](#) whatsoever which would place the Participant at risk connected with participating in a martial arts instruction, programs or activities conducted by the Center.

9. USE OF PERSONAL IMAGE: I, the Participant and Parent(s) and/or Guardian(s), irrevocably authorize the Global Open Kukkiwon Cup Taekwondo Championships, its successors and assigns, and those acting under its authority, to copy, use, publish for art, [advertising](#), trade or any other lawful purpose whatsoever, photographic portraits, pictures or videotapes of the Participant, in which the Participant may be included in whole or part.
  
10. IN SIGNING THIS ELECTRONIC DOCUMENT, I FULLY RECOGNIZE THAT IF ANYONE IS HURT OR PROPERTY IS DAMAGED WHILE THE PARTICIPANT OR MINOR CHILD IS A PARTICIPANT AT the Global Open Kukkiwon Cup Taekwondo Championships AND/OR ANY AND ALL OTHER ACTIVITIES CONDUCTED AND/OR ORGANIZED BY Black Belt World, Inc, I OR ANYONE ON THE PARTICIPANT'S BEHALF WHETHER OR NOT THE PARTICIPANT IS A MINOR, WILL HAVE NO RIGHT TO MAKE A CLAIM OR FILE A LAWSUIT AGAINST Black Belt World, Inc OR THEIR OFFICERS, AGENTS OR EMPLOYEES, AND ALL OTHER PERSONS OR ENTITIES ("Releasees"), EVEN IF THEY OR ANY OF THEM NEGLIGENTLY CAUSE THE BODILY INJURY OR [PROPERTY DAMAGE](#).

I have read this Agreement, fully understand its terms, [understand](#) that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law. If I am signing this Agreement on my own behalf as a Participant, I state that I am over the age of eighteen years old.

Signature (Parents/Guardian if minor): \_\_\_\_\_

Date: \_\_\_\_\_

## 2023 Global Open Kukkiwon Cup Registration Form

**(This is a sample form, please register online)**

### Participant Information

First: \_\_\_\_\_ Last: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Ages: \_\_\_\_\_

Gender: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Height: \_\_\_\_\_ (Inch)\_ Weight: \_\_\_\_\_ (LB) E-mail: \_\_\_\_\_

Cel phone (1): ( ) \_\_\_\_\_

Dojang: \_\_\_\_\_ Name of Instructor: \_\_\_\_\_

His/Her Ph#:( ) \_\_\_\_\_

If you are a Para athlete, please check below.

Impairment area(s): Physical ( ) Intellectual ( ) Vision ( )

**Check(X) below that applies to you.**

<b>TKD Ranks (X) one</b>	<b>Ages Divisions (X) one</b>	<b>Divisions (X) all that applies to you</b>
( ) No/9 <sup>th</sup> Geup	( ) 3-6	( ) Individual Traditional Forms
( ) 8 <sup>th</sup> /7 <sup>th</sup> Geup	( ) 7-9	( ) Team Traditional Forms
( ) 6 <sup>th</sup> /5 <sup>th</sup> Geup	( ) 10-12	( ) Individual Creative Forms w/o Weapons
( ) 4 <sup>th</sup> /3 <sup>rd</sup> Geup	( ) 13-17d	( ) Individual Creative Forms with Weapons
( ) 2 <sup>nd</sup> /1 <sup>st</sup> Geup/Deputy(Bo-dan)	( ) 18-30	( ) Team Creative Forms w/o Weapons
( ) 1 <sup>st</sup> Poom/Dan	( ) 31-45	( ) Team Creative Forms with Weapons
( ) 2 <sup>nd</sup> Poom/Dan	( ) 46-54	( ) Individual Creative Breaking-All round
( ) 3 <sup>rd</sup> Poom/Dan	( ) 55+	( ) Individual Long Jump Kick
( ) 4 <sup>th</sup> Poom/Dan		( ) Individual Jumping High Kick
( ) 5 <sup>th</sup> Dan		( ) Individual Power Knife hand
( ) 6 <sup>th</sup> Dan		( ) Individual Power Skipping Side Kick
( ) 7 <sup>th</sup> Dan		( ) Individual Power Back Kick
( ) 8 <sup>th</sup> Dan		( ) Individual Spin Hook Kick
( ) 9 <sup>th</sup> Dan		( ) Individual Sparring
		*( ) Team Sparring
		*( ) Team Demonstration

<b>Registration due</b>	<b>Fees (X)</b>	<b>Total Events Entering (Y)</b>	<b>Total Payment (X+Y)</b>
July 31st	\$100/person/event	Add \$30 each	
Sep 15	\$115/person/event	additional event	
*Team Demonstration: \$ check online		*Team Sparring: \$ check online	
Spectators: \$10/person. Kids 3 & under FREE. Pay online or at the door			

**Liability Waiver**

I, the undersigned, waive, release, and discharge any and all rights and claims for damages which may occur against the Global Open Kukkiwon cup, Black Belt World, Inc., and/or persons associated with this event in any capacity, for any and all damage which may be sustained by me with my association with entry in the above athletic meet all contact sport. I understand the rules published by the sponsors and agree with them in their entirety. Furthermore, I do hereby wave any compensation whatsoever for the use of photographs, movies, videos, etc. of me by the promoter.

Signature (Parents/Guardian if minor): \_\_\_\_\_

Date: \_\_\_\_\_

Instructor's Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## 2023 Global Open Kukkiwon Cup Referees/Judges Registration Form

**Referees/Judge:** Each participating referee will receive free meals, a special gift, and a hotel room (shared). All referees/judges must attend the meeting which will be held at 1pm on Fri Sep 29 and another one at 7am on Saturday, Sep 30, 2023. All referees must be experienced, and their minimum age and rank requirements are 18 and 2<sup>nd</sup> Dan. Must wear: Black Dress Pants, White Long Sleeve Dress Shirt, and White Taekwondo Shoes (or Black dress shoes). An official necktie from Kukkiwon will be provided.

The full-time referees/judges will get paid accordingly per classification.

***You must attend referee meetings and stay on the competition site to get paid.***

We will select 56 referees depending on experience. All applicants are subject to approval - not all may be accepted.

\*Application due: July 31, 2023

Send all application materials to: ATTN: Grandmaster Mike Nelsen, 300 Black Belt World Dr., Knightdale, NC 27545 or [mnelsen74@gmail.com](mailto:mnelsen74@gmail.com) (Scan this page and send)

PHOTO	Applicant's Name:		
	Date of Birth:		
	Dan Rank:		
	Referee Rank (If any):		
Address:			
Email:		Phone#:	
Dojhang Name:		Dojhang location	
Referee/judge experience			

In consideration of your acceptance of my registration, I do hereby, for myself, my heirs, executors and administrators waive, release, and forever discharge any and all rights and claims for damages which occur to me, against the organizations, Global Open, Kukkiwon Cup, Black Belt World, Grandmaster Jun Lee and all members of the championship and against any competitor for any and all traveling to, participating in, and returning from this event. I, irrevocably authorize the Global Open Kukkiwon Cup, its successors and assigns, and those

acting under its authority, to copy, use, publish for art, advertising, trade or any other lawful purpose whatsoever, photographic portraits, pictures or videotapes of the Participant, in which the Participant may be included in whole or part.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## 2023 Global Open Kukkiwon Cup Coach Registration Form

**Coaches:** One Coach may accompany a competitor onto the competition floor and must sit behind their competitor. \$ check online for fees.

**Please register online by August 31, 2023.** (The form below is a sample purpose only)

PHOTO	Applicant's Name:		
	Date of Birth:		
	Dan Rank:		
	Address:		
Email:			
Phone#:		Phone#:	
Dojhang Name:		Dojhang location	

In consideration of your acceptance of my registration, I do hereby, for myself, my heirs, executors and administrators waive, release, and forever discharge any and all rights and claims for damages which occur to me, against the organizations, Global Open, Kukkiwon Cup, Black Belt World, Grandmaster Jun Lee and all members of the championship and against any competitor for any and all traveling to, participating in, and returning from this event. I, irrevocably authorize the Global Open, Kukkiwon Cup, its successors and assigns, and those acting under its authority, to copy, use, publish for art, advertising, trade or any other lawful purpose whatsoever, photographic portraits, pictures or videotapes of the Participant, in which the Participant may be included in whole or part.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_